



Aftercare

For a lifetime of recovery



FOLLOW THROUGH

Primary treatment provides a foundation for sustained lifelong recovery. But recovery does not end, and in some ways is just beginning, when a client leaves the Harmony Campus. It is what we do with the foundation we have built that determines lifelong sobriety and happiness.

That is why Harmony is dedicated to our clients' post-treatment follow-through. All clients leave Harmony with a comprehensive Aftercare Plan that may include therapeutic group meetings, 12-step meetings, residential sober living, a Harmony graduate Community Connection, and individual therapy and counseling. All clients are also given Harmony's new Aftercare Mobile Phone App as a means of monitoring their sobriety and staying connected to Harmony's aftercare counselors.

Additionally, Harmony provides free aftercare for life through weekly Aftercare Therapeutic Group sessions. These sessions are offered for both clients and family members weekly in two Colorado Front Range locations.

Through our Primary Treatment and Aftercare Program, Harmony is there for you for a lifetime of recovery.

Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF)

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