



## Family Program

*Because addiction is a family disease*



# BOND

Addiction impacts the entire family. Harmony's Family Program is one of the most powerful and important components of treatment at Harmony for both the client and the family. Family members and other concerned loved ones are often deeply affected by the behaviors inherent in the lifestyle of someone who is chemically dependent. Harmony places great emphasis on helping affected family members and other concerned individuals by providing a structured, intensive Family Program Weekend on our campus that includes:

- Information about the disease of addiction
- Development of recovery skills and new coping strategies
- Educational lectures
- Group feedback sessions to support the learning experience
- Effective communication skills
- Development of a personal recovery plan
- Introduction to 12-Step programs for on-going support
- Individual counseling as requested

Family Program cost is included in client tuition. Harmony also offers a 1-day free Family Education Session each month for anyone who wants to learn about the disease of addiction. Harmony's Family Program offers renewed hope for the whole family. Please call Harmony to learn more about our Family Education Session and Family Program.

Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF)

## **Family Program Information:**

christok@harmonyfoundationinc.com | 970.577.4704

**www.harmonyfoundationinc.com**  
1600 Fish Hatchery Road | Estes Park, CO 80517 | 866.686.7867