



Harmony Foundation, Inc
Client Orientation to Nursing/Medical Staff
Welcome to Harmony!

HEALTH CENTER:

Nursing/Medical services are provided at the Health Center. Our Health Center is located in the North West building on the property. The Nursing/Medical staff includes Nurses [Licensed Practical Nurses (LPN) and Registered Nurses (RN)], Health Center Assistants who are Nursing Assistants (NA) or Certified Nursing Assistants (CNA)], and a Physician (MD).

ADMISSION PROCESS:

Upon admission you will be asked to provide information about your medical history and substance use. Based on your admission information the RN/LPN will contact the physician to obtain admission orders, which include all the medications and lab tests that you will need while at Harmony. Please be **very honest** and open about your recent use of alcohol, medications and/or street drugs.

Medications are available as needed to assist in reducing your withdrawal symptoms and reduce the possibility of a seizure. The RN or LPN will administer these medications based on what Dr. Murphy, Harmony's Medical Director or his designee, prescribes during your stay at Harmony.

OBSERVATION: "RED" LEVEL or "ADJACENT" CABIN "YELLOW" LEVEL:

The Health Center has two observation rooms, one for women and one for men. You will be admitted to "Red" level initially.

After your first night, or when you are stable, you will be moved an "adjacent" cabin across from the Health Center as a "Yellow" level client. Nursing staff will check on you during the night when you are in the Observation Room and when you are in an "Adjacent" Cabin across from the Health Center

"OUTLYING" CABINS: "GREEN" LEVEL

Once you no longer require medications to help with your withdrawal symptoms, you will be advanced to "Green" level and will be moved to an "outlying" cabin. This is based on multiple criteria: vital signs, symptoms, lab values, sleeping pattern, and the last time you received certain medications for example. This is **individualized** for each client based on medical criteria. Typically clients are in observation or an "adjacent cabin" for one week but can be in observation or an adjacent cabin for up to ten days.

MEDICATIONS AT HARMONY FOUNDATION INC.

Medications for acute withdrawal (Librium, Phenergan injection, Subutex, Atenolol, Clonidine) are NOT included in your facility fee. All medications ordered by Dr. Murphy (Harmony's Medical Director) will be billed to you.

Medications that are prescribed by your physician will be reviewed by Harmony's Medical Director. Sometimes when clients come off alcohol or substances of abuse, they no longer need certain medications. Some of your meds may be discontinued; others will be continued based on the physician's recommendations.

Certain medications are **not** given at Harmony Foundation so they will be discontinued (Suboxone, Lyrica, narcotic pain relievers i.e. Percodan, Percocet, Vicodan, etc).

MEDICAL EMERGENCIES:

In the event of a medical emergency, the Nursing/Medical staff will determine if a 911 response is required. If so, 911 will be called and the Estes Park Medical Center Ambulance crew will respond.

ROLE OF THE HARMONY FOUNDATION PHYSICIAN:

You will see the physician, or his designee, within the first 2-3 days of your admission. Our physician is Dr. Sean Murphy, a Board Certified Family Practitioner with specialty training in addiction medicine and over 15 years experience as an addictionologist.

The doctor's role at Harmony is primarily for medical detoxification and assisting with reducing your symptoms of withdrawal and medical emergencies.

More information will be reviewed in detail upon admission and throughout your stay.

Please let us know if you have any questions.